

# CDLS 3.1®

The situation on the world stage today has brought into sharp focus the demands for heightened security and public safety. Disasters of all types - Natural and man-made, intentional and unintentional, mandate efficient and cohesive interoperability within the health care and public health communities.

First responders, EMS Providers, Law Enforcement Officers, Physicians, Nurses, Allied Health Providers, Public Health, Hospital Staff, Community Leaders and the lay public need and require a common framework to prepare for, recognize and respond to disasters of all types.

# CDLS 3.1®

(Core Disaster Life Support)

CDLS 3.1® is 3.5 hours of awareness level interactive lectures informing and preparing the participant for BDLS and beyond.

Medical content and jargon is kept to a Minimum.

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NDLS National Training Center - West



CDLS REV 3.1 03262013

# CDLS 3.1®



## CORE DISASTER LIFE SUPPORT®

COURSE MANUAL

3.0



# Typical Agenda

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# CDLS 3.1<sup>®</sup> Overview

# CDLS 3.1<sup>®</sup>

Every Course is presented by qualified NDLS instructors drawn from the faculty of UTSW and other NDLS members. Course materials include a detailed resource text and study materials.

The Core Disaster Life Support<sup>®</sup> (CDLS) course is a 3.5 hour competency-based, awareness-level course that introduces clinical and public health concepts and principles for the management of disasters and public health emergencies. The course incorporates the "all-hazards" approach to personal, institutional, and community disaster management through the use of two unique mnemonics, the PRE-DISASTER Paradigm<sup>™</sup> (which applies to event mitigation and preparedness) and the DISASTER Paradigm<sup>™</sup> (which applies to event recognition, response, and recovery).

The overarching aim of the CDLS course is to provide participants from diverse professions, disciplines, and backgrounds with a common lexicon, vocabulary, and knowledge in disaster-related medicine and public health that can be reinforced and expanded in the BDLs<sup>®</sup> and ADLS<sup>®</sup> courses. The CDLS course is aimed at a broad range of audience categories, including medical first responders, health professionals, health service providers, public health workers, and health support personnel. Upon completion of the CDLS course, participants will be able to:

- Describe the all-hazards approach to disaster mitigation, preparedness, response, and recovery.
- Discuss essential components of federal, state, regional, and community disaster health systems, including the role of the public and private health sectors.
- Describe the elements of the PRE-DISASTER Paradigm and their application to the management of disasters and public health emergencies.
- Describe actions that can be taken to enhance personal preparedness and resilience for disasters and public health emergencies.
- Identify legal and ethical issues that impact disaster mitigation, preparedness, response, and recovery, including the basic legal framework for public health.
- Describe the elements of the DISASTER Paradigm and their application for the management of disasters and public health emergencies.

**BDLS is a Pre-Requisite for Participation in ADLS**  
**CDLS is recommended but not required**  
**IS100 - IS200 - IS800 is Recommended**

**CEU's are awarded for successful completion of CDLS to qualified participants**

**CME - CNE - CHES - SS - CoP (Texas DSHS)**

**NDLS National Training Center - WEST**  
 UT Southwestern Medical Center  
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Presented by -

Date: \_\_\_\_\_

Location: \_\_\_\_\_

Start Time: \_\_\_\_\_

**CDLS<sup>®</sup> 3.1 Target Audience**  
 - Public Health - Law Enforcement -  
 - Allied Health Professionals -  
 - Civic Leaders - Disaster Volunteers -  
 - The Lay Public -



**Core Disaster Life Support<sup>®</sup> (CDLS<sup>®</sup>) Course Participant Handout**

[Insert Date]  
 [Insert Location]  
 [Insert NDLS<sup>™</sup> Training Center]

**Course Description**

The CDLS Course is a competency-based, awareness-level course that introduces clinical and public health concepts and principles for the management of disasters and public health emergencies. The course incorporates the "all-hazards" approach to personal, institutional, and community disaster management through the use of two unique mnemonics, the PRE-DISASTER Paradigm<sup>™</sup> (which applies to event mitigation and preparedness) and the DISASTER Paradigm<sup>™</sup> (which applies to event recognition, response, and recovery).

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**Course Objectives**

- Upon completion of:
- Describe the recovery.
  - Discuss essential systems, including:
  - Describe the management



**Course Outline**

[Start]	-	[End]	<b>Introduction</b>	Faculty name	: 30
[Start]	-	[End]	<b>Lesson One</b> Overview of Disasters and Public Health Emergencies	Faculty name	: 30
[Start]	-	[End]	<b>Lesson Two</b> Personal Preparedness	Faculty name	: 15
[Start]	-	[End]	<b>Lesson Three</b> Community Preparation and Planning	Faculty name	: 30
[Start]	-	[End]	<b>Break</b>		: 15
[Start]	-	[End]	<b>Lesson Four</b> The Disaster Health System	Faculty name	: 15
[Start]	-	[End]	<b>Lesson Five</b> Legal and Ethical Issues	Faculty name	: 15
[Start]	-	[End]	<b>Lesson Six</b> The DISASTER Paradigm	Faculty name	: 45
[Start]	-	[End]	<b>Conclusion</b>	Faculty name	: 30

CDLS<sup>®</sup> Course v.3.0

# CDLS 3.1<sup>®</sup>