

# ADLS 3.0®

The situation on the world stage today has brought into sharp focus the demands for heightened security and public safety. Disasters of all types - Natural and man-made, intentional and unintentional, mandate efficient and cohesive interoperability within the health care and public health communities.

First responders, EMS Providers, Law Enforcement Officers, Public Health Physicians, Nurses, Allied Health Providers, Hospital Staff, Community Leaders and the lay public need and require a common framework to prepare for, recognize and respond to disasters of all types.

# ADLS 3.0®

(Advanced Disaster Life Support®)

Is two full days of  
classroom, Tabletops,  
and  
**HANDS-ON**  
operational level Disaster  
response Training.

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ADLS REV 3.1 03262013

NDLS National Training Center - West

# ADLS 3.0®



## ADVANCED DISASTER LIFE SUPPORT™

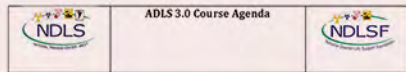
COURSE MANUAL

3.0



# Typical Agenda

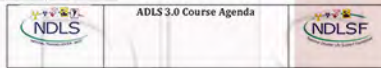
ADLS 3.0® is two full days of Classroom, Tabletops, and Hands-On operational disaster response training.



ADLS 3.0 Course Agenda

ADLS DAY ONE			
Schedule	Topic	Duration	Instructor
<b>COURSE INTRODUCTION</b>			
0730 - 0800	Registration		Course Director
0800 - 0845	Pre-Test and Course Overview	45 min	Course Director
0845 - 0915	Lesson 1 - Disasters and Public Health Emergencies	30 min	
0915 - 0930	BRSA	15 min	
0930 - 1015	Lesson 2 - Triage for Disasters and Public Health Emergencies	45 min	
1015 - 1045	Lesson 3 - Health System Surge Capacity for Disasters and Public Health Emergencies	30 min	
1045 - 1130	Lesson 4 - Community Health Emergency Operations and Response	45 min	
1130 - 1215	Lesson 5 Legal and Ethical Issues in Disasters	45 min	
1215 - 1315	LUNCH	60 min	
1315 - 1645	Rotating Skills Stations	3 hrs 30 min	
	1. Population Scenarios	1 hr x 3	
	2. Mass Casualty Triage	1 hr x 3	
	3. Surge Capacity and Capability	1 hr x 3	
	10 min transition between rotations	30 min	
1645 - 1700	DAY 1 Summary	15 min	All Faculty

Note: Instructors should be associated skills stations.



ADLS 3.0 Course Agenda

ADLS DAY TWO			
Schedule	Topic	Duration	Instructor
0730 - 0800	Registration	30 min	Course Director
0800 - 0825	Lesson 6 Personal Protective Equipment and Decontamination	30 min	
0825 - 0830	Safety Briefing	5 min	
0830 - 1000	Rotating Skills Stations (Rotation 3)	1 hr 30 min	
	4. PPE/Decontamination	1 hr 30 min	
	5. Casualty Management (HPS)	1 hr 30 min	
1000 - 1015	BRSA	15 min	
1015 - 1145	Rotating Skills Stations (Rotation 2)	1 hr 30 min	
	6. PPE/Decontamination	1 hr 30 min	
	7. Casualty Management (HPS)	1 hr 30 min	
1145 - 1245	LUNCH	1 hr	
1245 - 1315	Pre-Exercise Briefing	30 min	
1315 - 1615	Situational Training Exercises	3 hr	
	8. Field Mass Casualty and Triage		
	9. Hospital Based Surge Management		
	10. Emergency Operations Center (EOC)		
1615 - 1700	Summary and Post-Test	45 min	All Faculty

Notes:

# ADLS 3.0® Overview ADLS 3.0®

Every Course is presented by qualified NDLS instructors drawn from the faculty of UTSW and other NDLS members. Course materials include a detailed resource text, study materials and all equipment necessary for training.

Five hours of lecture and eleven hours of tabletops and "hands-on" training combine to give the participant a multi-level training experience.

### Tabletops

- SALT Triage
- Population Scenarios
- Hospital Based Surge Management

### Functional Exercise/Labs

- Clinical Treatment and Patient Management
  - Using High fidelity Human Patient Simulators
- PPE and Decontamination
  - Meets HAZMAT Operations-Level Training Requirements (CFR 1910.120)
  - Actual Donning and Doffing of Level C PPE
  - Demonstration of Technical DECON

### Situational Functional Exercises

- Mass Casualty Triage and Management
- EOC - Emergency Management of a medical response

BDLS is a Pre-Requisite for Participation in ADLS  
 CDLS is recommended but not required  
 IS100 - IS200 - IS800  
 Highly Recommended

CEU's are awarded for successful completion of ADLS to qualified participants

CME - CNE - CHES - SS - CoP (Texas DSHS)

EMT-B - EMT-P (CECBEMS)

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Presented by -

Date: \_\_\_\_\_

Location: \_\_\_\_\_

Start Time: \_\_\_\_\_

- ADLS 3.0® Target Audience**
- Nurses - Physicians - EMS Providers -
  - Public Health - Law Enforcement -
  - Allied Health Professionals -
  - Civic Leaders - Disaster Volunteers -
  - The Lay Public -



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